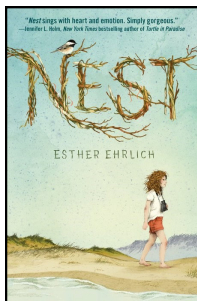




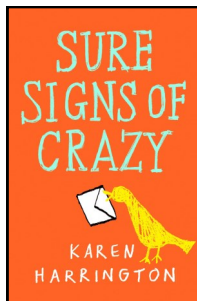
CHILDREN'S PLACE

WOOD COUNTY DISTRICT PUBLIC LIBRARY

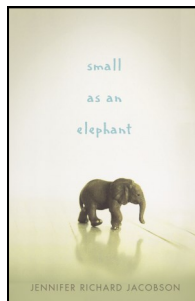
Mental Health for Middle School



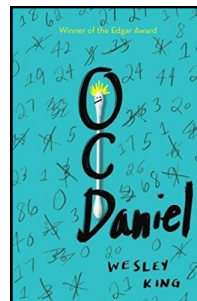
Nest
Esther Ehrlich
Juvenile Fiction



Sure Signs of Crazy
Karen Harrington
Juvenile Fiction



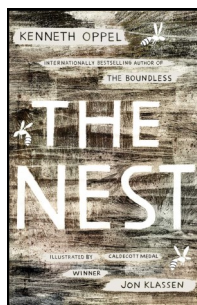
Small as an Elephant
Jennifer Richardson Jacobson
Juvenile Fiction



OCDaniel
Wesley King
Juvenile Fiction



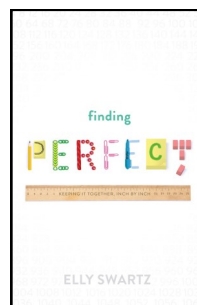
Some Kind of Happiness
Claire Legrand
Juvenile Fiction



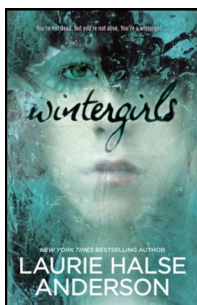
The Nest
Kenneth Oppel
Juvenile Fiction



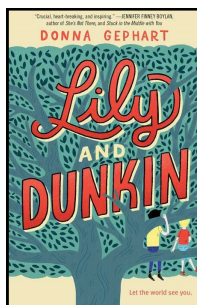
Swing Sideways
Nanci Turner Steveson
Juvenile Fiction



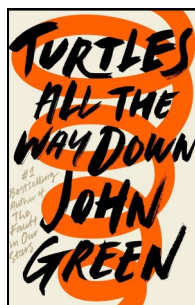
Finding Perfect
Elly Swartz
Juvenile Fiction



Wintergirls
Laurie Halse Anderson
Teen Fiction



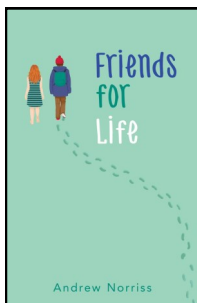
Lily and Dunkin
Donna Gephart
Teen Fiction



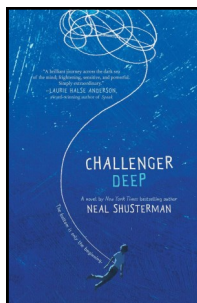
Turtles All the Way Down
John Green
Teen Fiction



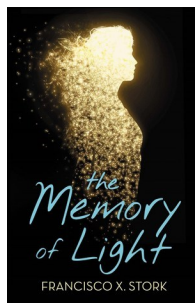
Finding Audrey
Sophie Kinsella
Teen Fiction



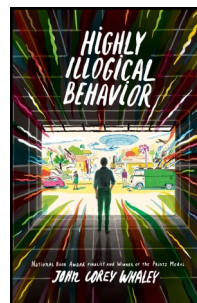
Friends for Life
Andrew Norriss
Teen Fiction



Challenger Deep
Neal Shusterman
Teen Fiction

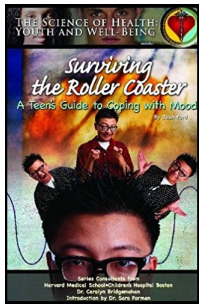


The Memory of Light
Francisco X. Stork
Teen Fiction

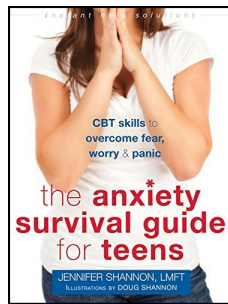


Highly Illogical Behavior
John Corey Whaley
Teen Fiction

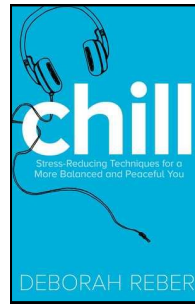
Mental Health Resources for Middle School



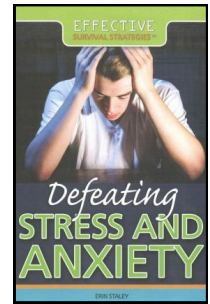
Surviving the Roller Coaster
Jean Ford - 2005
c152.4



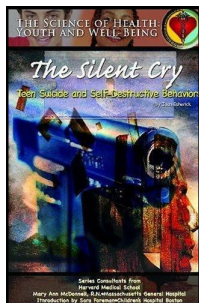
The Anxiety Survival Guide for Teens
Jennifer Shannon - 2015
c155.51246 Sha



Chill: Stress-Reducing Techniques
Deborah Reber - 2015
c155.9 Reb



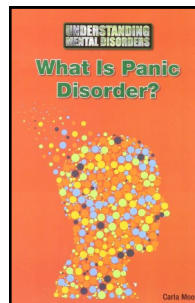
Defeating Stress and Anxiety
Erin Staley - 2016
c144.9042 Sta



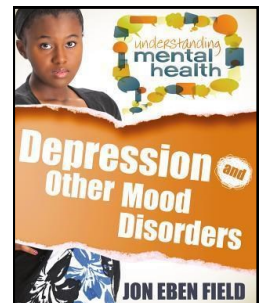
The Silent Cry
Joan Esherick - 2005
c362.28 E



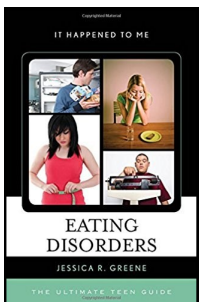
Teens & Suicide
Hal Marcovitz - 2014
c362.28 M



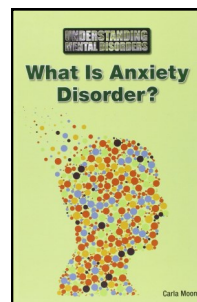
What is Panic Disorder?
Carla Mooney - 2016
c616.85 Moo



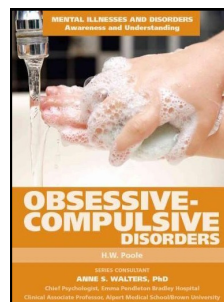
Depression and Other Mood Disorders
Jon Eben Field - 2014
c616.852 Fie



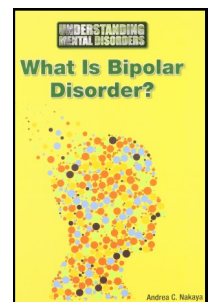
Eating Disorders
Jessica R Green - 2014
c616.852 Gre



What is Anxiety Disorder?
Carla Mooney - 2016
c616.8522 Moo



Obsessive Compulsive Disorders
Hilary W. Poole - 2016
c616.85227 Poo



What is Bipolar Disorder?
Andrea C. Nakaya - 2016
c616.89 Nak

Other Mental Health Resources:

Your School Guidance Counselors

Children's Resource Center:	Call (419) 352-7588	
Behavioral Connections:	Call (419) 352-5387	
Zepf Center for Mental Health:	Call (419) 841-7701	
NAMI Helpline:	Call (419) 352-0626	
National Suicide Prevention Hotline:	Call 1 (800) 273-8255	or text "HOME" to 741-741
Crisis Call Center:	Call (775) 784-8090	or text "ANSWER" to 839-863
The Trevor Project:	Call 1(866) 488-7386	or text "TREVOR" to 1 (202)304-1200

Need Help? Let's Talk. Dial 211 and connect to Mental Health and Addiction Treatment.